

Living at Home



Custodial Services at Home

Support Services up to 8 hrs/day (Home Health Aide) or more if paid for out of pocket

Long-term

Support for ADLs at home with services that come in to help, such as bathing & toileting.

Aspire? **Yes**



Skilled Services at Home

Home Health RN, PT, OT, ST up to 3x/week

Short-term

Usually post-hospital to help with recovery.

Aspire? **Yes**



Hospice Services at Home

Medications, DME, Nursing and home health support as needed

Long-term

Life expectancy is six months or less, qualified by two physicians.

Aspire? **No**



Independent Living

Usually RN or LVN during certain daytime hours, meal delivery sometimes available.

Long-term

Live in apartment type facility, but independently. Personal Care Home falls into this category.

Aspire? **Yes**



Assisted Living

Some nursing care available, meal delivery or cafeteria available.

Long-term

Live in apartment type facility with privacy, but with occasional help available.

Aspire? **Yes**

Living in a Facility



Nursing Facility – Custodial Care

Around the clock nursing care

Long-term

Live in facility with more of a hospital type atmosphere, long-term.

Aspire? **No**



Rehabilitation Center (SNF)

Around the clock nursing care

Short-term

Short stay for recovery, usually post-hospital. Wound care, PT, OT, ST; Can lead to custodial care in the same facility.

Aspire? **Not until** discharged from facility



Memory Care Facility

Patient level of care varies according to need.

Long-term (not going home)

Progressive care for patients who are likely going to get worse.

Aspire? **Case-by-case basis.** Call facility to see if Aspire is permitted.



Long Term Acute Care

Around the clock nursing care with daily access to MD's & other services.

Weeks to months (average is 25 days)

Critical illness that may get better. Supports use of breathing machines.

Aspire? **Not until** discharged from facility.



Hospice Facility

Around the clock nursing care with access to physicians and other services on a daily basis

Long-term (not going home)

Life expectancy is six months or less, qualified by two physicians.

Aspire? **No**